

# Samyak

An Institute for Civil Services

## RAS - 23 MAINS TEST SERIES

रिड्डी - 011

Time : 3 Hours

Maximum Marks : 200

खेल एवं योग, व्यवहार एवं विधि  
Sports and Yoga, Behaviour and Law

Paper - III (Unit - III)

Name :	MARKS		
Enroll No.:	Part	Attempted Questions	Marks Obtained
Date of Birth :	Part-A	38	37
Medium : English	Part-B	23	59 1/2
E-mail :	Part-C	—	—
Exam Date : 21 <sup>st</sup> April 2024	Total	61	95 1/2
Invigilator's Signature :	Hindi: 65 1/2		English: 00
ECN: RCN			

### अनुदेश (Instructions)

1. परीक्षा शुरू होने से पहले पुस्तिका को जाँचें।  
Please check the booklet before commencement of the exam.
2. अंक योजना प्रत्येक खंड के प्रारम्भ में दी गई है।  
The marking scheme is given at the start of every section.
3. अभ्यर्थियों को उत्तर निर्धारित शब्द सीमा से अधिक नहीं लिखना चाहिए, उत्तरा उत्तरदाता को माँगा जा सकता है।  
Candidates should not write more than the prescribed word limit in answers, violating this may result in deduction of marks.
4. अभ्यर्थियों को निर्देशित किया जाता है कि किसी भी प्रश्न का उत्तर प्रश्नोत्तर पुस्तिका में निर्धारित स्थान पर ही लिखें। बॉर्डर लाइन से बाहर प्रत्युत नहीं लिखें। बॉर्डर लाइन के बाहर लिखे गये उत्तर को जाँचा नहीं जाएगा।  
Candidates are directed to write answers only in the prescribed space of booklet. They should not write answer outside the border line. Answer written outside the border line will not be checked.

SAMYAK, Near Riddhi Siddhi, Gopalpura Bypass, Jaipur, 302011

Test Series Helpline & Whatsapp - 9414988660, Email Id - samyakseries@gmail.com

	REVIEW PARAMETERS	SCALE			
		Good	Above Average	Average	Below Average
1.	DOES THE ANSWER ADDRESS THE DEMAND OF THE QUESTION?				
a.	Answer Relevancy				
b.	Answer Enrichment points like use of: · Key Terms/ Subject Vocabulary. Use of Commission/ report/ government publication/ judgements, etc.  Association with the Current Affairs and use of examples to explain the concept and idea				
2.	HOW WELL IS THE ANSWER PRESENTED?				
a.	Structure - Intro, Body, Conclusion				
b.	Presentation – Using Subheadings/ points/ highlighting/ flowcharts/ diagrams/ maps				
c.	Language & Grammar				
d.	Word limit				

**Detailed Comments / Feedback / Suggestions for Improvement**  
विस्तृत टिप्पणियाँ/फीडबैक/सुधार के लिए सुझाव

1.

- Enrich your answer with factual information & Examples
- Focus on Hindi & English
- Good effort & focus on 2 Marks question ans. acc<sup>n</sup> to demand of question.

**Part - A**

Note : Answer the following questions in 15 words. Each question carries 2 marks.

नोट : निम्न प्रश्नों के उत्तर, 15 शब्दों में दीजिए। प्रत्येक प्रश्न 2 अंक का है।

1. अंतर्राष्ट्रीय स्तर पर 'बिलियर्ड्स प्रतियोगिता' में भारत का प्रतिनिधित्व करने वाले किसी चार खिलाड़ियों के नाम लिखिए।  
Write the names of any four players who represented India in 'Billiards Competition' at the international level.

(Write above this line only)

2. 'बेल समायोजन आविष्कारिका' पर टिप्पणी लिखिए।

⊙ Comment on 'Bell adjustment inventory': Created by bell in 1934. Bell adjustment inventory is method of learning of classical conditioning where learning is performed by conditional stimulus and unconditional learning. Propounded by Evan Pavlov on dog. To detect adjustment related difficulties in a person.

Hugh M. Bell in 1934 - 140 items each

(Write above this line only)

3. लेजारस द्वारा प्रतिपादित 'तनाव' की अवधारणा को लिखिए।

Write the concept of Stress propounded by Lazarus.

⊙ Lazarus propounded stress concept as a factor arising due to conditions of emotional, psychological and social factors leading to mental unrest and anxiety. Emphasizes the rel<sup>n</sup> b/w the individual & the environment

(Write above this line only)

4. 'पूर्ण अधिकार व संयोजित अधिकार' पर टिप्पणी लिखिए।  
Write note on 'Absolute Rights and Qualified Rights'.

1/2  
Absolute rights provides exclusive ownership over the product and indefinite disposal for indefinite period, whereas qualified rights have limited ownership over the thing for specific period of time with restricted usage. Ex??

(Write above this line only)

5. भारतीय खेल प्राधिकरण प्रशिक्षण केन्द्र योजना के तहत खिलाड़ियों/प्रतिभागियों को कौन-कौनसी खेल विधाओं का प्रशिक्षण प्रदान किया जाता है?  
Under the Sports Authority of India Training Center Scheme, training of which sports disciplines is provided to the players/participants?

2  
Sports Authority of India training centre scheme have 27 Games following sports:- 1. Wrestling 2. Boxing 3. Chess 4. Badminton 5. Hockey 6. Kabaddi etc.

(Write above this line only)

6. घरेलू हिंसा से महिलाओं का संरक्षण अधिनियम-2005 के अनुसार 'मौखिक और भावनात्मक हिंसा' का तात्पर्य स्पष्ट कीजिए।  
Explain the meaning of 'verbal abuse and emotional violence' according to the Protection of Women from Domestic Violence Act-2005.

Verbal abuse is passing derogatory remarks, sexually coloured remarks, pressurising for dowry, abusing women using derogatory language leading to hurt her dignity.

(Write above this line only)

7. शीलगुण सिद्धान्त की विशेषताएं लिखिए।  
Write the characteristics of Trait theory.

Trait theory characteristics :- (1) based on individual features of person (2) talks about single person at a time (3) not universally applicable. (4) trait of individual person differs (5) generalisation oriented.

Stability, Consistency

(Write above this line only)

हाल ही में सुर्खियों में रहे 'दिव्यांश सिंह पंवार'  
'Divyansh Singh Panwar' recently seen in the headlines recently.

Related to badminton, bagged Gold Medal at the Asian Games 2023 and also performed participated in Olympics 2023 (Tokyo).

Shooting A Resident of Jaipur

(Write above this line only)

सेलोवी एण्ड मेयर के अनुसार सांवेगिक बुद्धि की परिभाषा लिखिए।

Definition of emotional intelligence according to Salovey and Mayer.

Emotional Intelligence is the ability of an individual to understand emotions of oneself as well as of others and comprehend them. ability to direct one's thought & behavior acc to the information received.

(Write above this line only)

10. 'साइबर स्टॉकिंग' पर टिप्पणी लिखिए।  
Write note on 'Cyber Stalking'.

Cyber stalking refers to <sup>keep</sup> the illegal watch over the digital medium of another person via hacking, phishing etc. leading to physical & mental harm to the person.

(Write above this line only)

11. व्यक्तित्व का त्रिगुण सिद्धान्त  
Tripartite theory of personality

Tripartite theory of personality :-

Satva

→ having calm & compassionate personality  
→ Truthfulness, dutifulness

Tamas

→ evil character & stics, attitude of anger, arrogance, depression etc.

Rajvik

→ pleasure bound personality, seeks comfort

Activity  
Ambition

Anger  
Laziness  
Arrogance

(Write above this line only)

12. 'उत्तानमंडूकासन' पर टिप्पणी लिखिए।  
Write comment on 'Uttanamandukasana'.

Uttanamandukasana is performed for physical strength, muscle gain and it is corrective asana for body posture. Both hands balances body kept above from surface leading to strengthening of muscle. Frog like position, increases lung function

(Write above this line only)

13. राजस्थान कायदाकारी अधिनियम-1955 के अनुसार कायदाकारी के वेदखली के आधार बताइये।  
According to Rajasthan Tenancy Act-1955, tell the grounds for eviction of tenant.

(i) Tenants can be evicted on illegal occupation of the land (ii) If Tehsildaar founds any discrepancy in the documents. (iii) using agricultural land for the industrial purpose etc. *expiry of the lease period*  
*recovery of outstanding rent*

(Write above this line only)

14. राष्ट्रीय डोपिंग रोधी अधिनियम 2022 के उद्देश्य लिखिए।  
Write the objectives of the National Anti-Doping Act 2022.

Objective :- (i) To align with the guidelines of world Anti-doping agency (ii) To prevent illicit use of medicine and drugs in sports (iii) To maintain fair competition among players. (iv) For international standard and decorum, adherence to rules. *A statutory framework for functioning of National Anti-Doping Agency, Laboratory & other testing facilities.*

(Write above this line only)

15. 'योग के मानसिक महत्त्व' को लिखिए।  
Write the 'mental importance of yoga'.

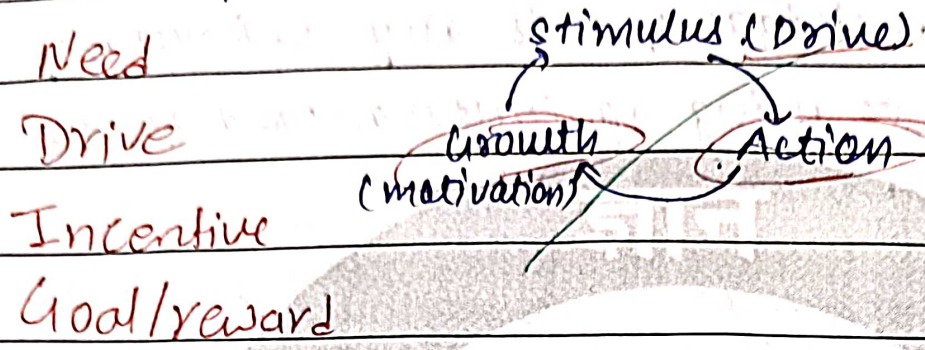
(2) Mental importance :-  
(i) Increases concentration power of mind.  
(ii) Retention and recall power increases.  
(iii) balances mind, body and soul.  
(iv) Relief from stress, anxiety, depression.

(Write above this line only)

16. अभिप्रेरणा चक्र के मुख्य घटकों को उल्लेखित कीजिए।  
Mention the main components of motivation cycle.

1/2

main component of motivation cycle.



(Write above this line only)

17. विधि की सीमाओं या दोषों को उल्लेखित कीजिए।  
Mention the limitations or defects of law.

1

limitation:- (i) generally, focus on majority population.

(ii) lacks emotional attitude towards minority, downtrodden.

(iii) positive discrimination

(iv) not universally same throughout in application.

(v) Ambiguous terms. Lack of flexibility  
Excessive formalities

(Write above this line only)

18. 'भारतीय ओलम्पिक संघ' पर टिप्पणी लिखिए।  
Write note on 'Indian Olympic Association'.

1/2

Indian Olympic association for recruitment of players and their training for the gold medals at the olympic. formed in 1980s. 1927. HQ-Delhi

(Write above this line only)



19. संवेगात्मक स्थितियाँ अधिगम को किस प्रकार प्रभावित करती हैं?

① How do emotional states affect learning?

Emotional states like anxiety, depression, separation from spouse, strained personal relations, dissatisfaction from self-achievements often impacts learning due to lack of concentration and passive form of rehearsal

(maintenance). State of happiness, joy & satisfaction —  
(Write above this line only) → Makes easier in learning

20. ऑस्टिन के अनुसार 'स्वामित्व' की परिभाषा

② Definition of 'ownership' according to Austin.

Austin defined ownership as the relationship of a person and thing based on conditions (1) unrestricted use of thing (2) exclusive possession/dominion (3) indefinite disposal of thing (4) indefinite time of ownership of thing.

(Write above this line only)

21. श्रीमद्भगवत गीता में उल्लेखित 'योग: कर्मसु कोशलम' की धारणा पर प्रकाश डालिए।

①/2 Throw light on the concept of 'Yoga: Karmasu Koshalam' mentioned in Srimada Bhagwata Geeta. ?

Yoga Karmasu Koshalam reflects the importance of yoga i.e. by performing yoga, one remains fit and fine, balances between mind, soul & body.  
Yoga is the skill in actions.

(Write above this line only)

22. 'डिनायल-ऑफ-सर्विस अटैक' पर टिप्पणी कीजिए।  
Comment on 'Denial-of-Service Attack'.

Denial of service attack when the authority denies for the service delivery of the citizen and fined with penalty.

Cyber attack that disrupts services on web server like: Website hanging

(Write above this line only)

23. आंग वैन एण्ड लिवरमोर द्वारा सांस्कृतिक बुद्धि की कौनसी चार क्षमताएँ बताई गई हैं?  
Which four capabilities of cultural intelligence have been described by Ang Van and Livermore?

Ang van & Liver more's cultural intelligence 4 capabilities

~~cultural intelligence drive~~ Motivation  
~~cultural intelligence action~~ Cognition  
~~cultural intelligence effectiveness~~ Meta-Cognition  
~~cultural intelligence aggregate~~ Behaviour  
 Knowledge

(Write above this line only)

24. भारत में खेल क्षेत्र के पिछड़ेपन के किन्हीं चार कारणों को लिखिए।

Write any four reasons for the backwardness of sports sector in India.

- (1) Lack of Infrastructural and basic facilities.
- (2) Sports is considered as leisure time activity in India.
- (3) Lack of financial support to athletes after the training.
- (4) Low awareness among people as a career option.

(Write above this line only)

25. 'भरण-पोषण अधिकरण' पर टिप्पणी लिखिए।  
Write note on 'Maintenance Tribunal'.

① Formed under Maintenance of Senior Citizen Act, 2009, which provides acts as grievance redressal agency and hears proceeding against children registered under the act. Provides benefits to the senior citizen.

amount??

(Write above this line only)

26. सीखने की विराम-अविराम विधि  
Massed Method and Spaced method of learning

(Write above this line only)

27. 'प्रतिकूल कब्जा' पर टिप्पणी लिखिए।  
Write note on 'Adverse Possession'.

① Adverse possession is defined as possession not actual ~~on~~ possession ~~of~~ over a thing is exercised. and no ownership of holder exists. claiming himself to be the real owner

(Write above this line only)

28. वार्म-अप को परिभाषित कीजिए।  
Define warm-up.

Warm-up is an exercise done by athlete before the start of game to remove inertia of body and prepare it for the physical activity.

(Write above this line only)

29. 'एशियाई पैरा खेल-2022' के 'मोटो' व 'शुभंकर' बताइये।  
Write the 'motto' and 'mascot' of Asian Para Games-2022.

Mascot of Asian Para Games - Miraitowa representing prosperity  
Motto - Hearts meet, dreams shine  
Mascot → Yeji Yeji

(Write above this line only)

30. सामण्ड के अनुसार स्वामित्व में कौन-कौनसे अधिकार सम्मिलित होते हैं?  
According to Salmond, which rights are included in ownership?

Salmond :- moral and civic rights included in ownership. Person have legal right along with possession and ownership but also has duties associated with them. Thus, moral rights also exist in explicit or implicit form. Right to dispose of + to destroy the object to consumption & use.

(Write above this line only)

31. व्यथित व्यक्तित्व या टाइप डी प्रकार के व्यक्तित्व के लक्षण लिखिए।  
Write the characteristics of distressed personality or Type-D type of personality.

- (1) They are depressed and distressed people.
  - (2) They refrain from <sup>hard</sup> work and struggles.
  - (3) They often have disease like diabetes.
  - (4) Anger issues along with obesity, laziness is found in them.
- } - are causes of stress
- ① Anxious, insecure towards strong  
② Able to suppress feelings of anger & sadness

32. धार्मिक अथवा रूढ़िजन्य विधि

② Religious laws

Religious laws are the laws deriving legitimacy from religion providing moral and ethical guidelines, violation of which attracts religious sanctions by leaders eg:- Sharia laws.

(Write above this line only)

33. कब्जे की आवश्यक विशेषताएँ/लक्षणों को लिखिए।

①/② Write the essential features/characteristics of possession.

- (i) elements of animus and corpus both are present
- (ii) Possession does not necessarily reflect ownership
- (iii) It can be held in solely manner or co-ownership
- (iv) It is exercised over a thing in explicit manner.

Continuous rel<sup>n</sup> b/w the person & the object

(Write above this line only)

Necessary to have a person & a thing

34. 'राष्ट्रीय खेल विकास कोष' पर टिप्पणी लिखिए।  
Write note on 'National Sports Development Fund'.

1998 under the Charitable Endowment Act 1890  
It is created for the development of basic facilities, financial aid to the players, training methods arrangement, encouragement to rural, remote & backward areas along with women.

(Write above this line only)

35. वर्ष 2023 के लिए मेजर ध्यानचंद खेल रत्न पुरस्कार से सम्मानित खिलाड़ियों के नाम लिखिए।  
Write the names of the players honoured with Major Dhyan Chand Khel Ratna Award for the year 2023.

- (1) Mohammad Shafi - cricket
- (2) Divyansh Pawar - Badminton.
- Satwik Sairaj & Chirag Shetty (Badminton)

(Write above this line only)

36. 'अधिगम असहायता' की अवधारणा को स्पष्ट कीजिए।  
Explain the concept of 'learned helplessness'.

Learned helplessness is issues like retrograde amnesia, audio-visual disorders, occurred in mental arena which restricts active learning leading to learned helplessness. After continuous failure, person gives up his efforts towards the work & starts having -ve feelings towards it.

(Write above this line only)

37. 'नालबट' पर टिप्पणी लिखिए।

Write note on 'Nalbat'.

Nalbat is the record maintained by the village land officer having description of village land occupied by tenants and revenue areas.

Payment made in installments to the owner of a well in exchange for the use of water -

(Write above this line only)

38. लैंगिक अपराधों से बालकों का संरक्षण अधिनियम-2012 की 'प्रस्तावना' लिखिए।

Write the 'Preamble' of the Protection of Children from Sexual Offences Act-2012.

Children below 18 years of age are protected from any kind of sexual activity like sexual assault, penetrative sexual assault, aggravated penetrative sexual assault etc. is a legal criminal offence (cognizable & non-bailable).

Sex harassment & Pornography

(Write above this line only)

39. 'नजूल भूमि' पर टिप्पणी लिखिए।

Comment on 'Nazul Bhoomi'.

Nuzal land defined under Rajasthan land revenue act, 1956 as land surrounded in the area of Panchayat or municipal <sup>area</sup> ~~bodies~~. In a given revenue area, which is the populated land.

(Write above this line only)

40. तनाव प्रबंधन की अवधारणा को स्पष्ट कीजिए।  
Explain the concept of stress management.

Stress management is technique of relieving from stress or managing emotions via mechanism like Biofeedback, meditation, corrective measure, efficiency test etc. along with physical fitness. Given education about

Modern & Scientific methods of dealing

3 Types 3 Stages

(Write above this line only)  
Understanding Stress

Ways to relieve it

Practicing the measures or making them habitual.

Part - B

Note : Answer the following questions in 50 words. Each question carries 5 marks.

नोट : निम्न प्रश्नों के उत्तर 50 शब्दों में दीजिए। प्रत्येक प्रश्न 5 अंक का है।

1. जीन पियाजे द्वारा प्रतिपादित संज्ञानात्मक विकास के सिद्धान्त पर लेख लिखिए।

Write article on the theory of cognitive development propounded by Jean Piaget.

Jean Piaget cognitive development theory based on

6 stages of development of child based on:

(i) Sensory stage

(Write above this line only)



2. खेल के दौरान खिलाड़ियों को लगने वाली चोट के कारणों को लिखिए।  
Write the reasons for injuries suffered by players during sports.

Injuries during sports can occur as soft tissue, or hard tissue injury leading to laceration, abrasion, ligament tear, bone fracture etc.

① collision with the other players during the match. ② Not properly recovered from past injuries.

③ some sports players lacking sportsmanship leading to personal rivalry. **Reasons** ④ injury from sports instruments like Ball, Racket in Badminton etc.

⑤ low nutritional level and salt intake leading to deficiency of sodium and potassium level, leading to frequent bone fracture etc.

(Write above this line only)

3. सूचना का अधिकार अधिनियम 2005 के तहत प्रतिबंधित अथवा अदेय सूचनाओं के सन्दर्भ में टिप्पणी लिखिए।  
Write note regarding restricted information under the Right to Information Act 2005.

Right to information, 2005 is brought to increase transparency, accountability and governance in the administration. person can ask for information regarding public authority within 30 days. However, public information officer can deny the information if:

① it dangers the security, sovereignty and integrity of nation. ② if it is not related to public authority. ③ if it is related to defence, energy etc. area.

④ if it can endangered the life of an individual. ⑤ if it is outside the purview of the related authority.

(Write above this line only)

4. भारतीय खेल प्राधिकरण की स्थापना के लक्ष्यों/उद्देश्यों को उल्लेखित कीजिए।  
Mention the goals/objectives of the establishment of Sports Authority of India.

3. Sports Authority of India established in 1984, Delhi-head quarter, having objectives like: Ministry?

- (i) selection of sports men & players to represent at national and international level.
- (ii) providing them training of international level to compete at...
- (iii) Maintenance of food and nutrition standard of their diet.
- (iv) developement of Infrastructure and basic facilities like stadiums
- (v) formation of policies for incorporation of tribal, rural area players
- (vi) encouragement to women players and remote area players.

(Write above this line only)

5. किसी व्यक्ति के व्यक्तित्व के निर्धारण में 'पर्यावरणीय/वातावरणीय कारक' किस प्रकार महत्वपूर्ण हैं?

3.2 How are 'environmental factors' important in determining the personality of a person?

Personality of an individual is shaped by various factors like social, physical, psychological, spiritual etc. They are elaborated as follows.

- (i) Family as the primary agency of socialisation shapes the ideas and beliefs in an individual.
- (ii) educational institution shapes personality with respect to leadership, team building, extrovert during extra curricular activities etc; constitutional values.
- (iii) society as adherence to rule of law via social learning.
- (iv) peer groups instill the ideas of co-existence, cooperation, mutual reciprocation.
- (v) Religious institution often shapes personality as either radical or secular, via customs, beliefs & ideologies.

(Write above this line only)

6. राजस्थान भू-राजस्व अधिनियम-1956 में उल्लेखित 'नामांतरण' का तात्पर्य स्पष्ट करते हुए इसकी प्रक्रिया पर टिप्पणी लिखिए।  
 Explaining the meaning of 'transfer of name' mentioned in Rajasthan Land Revenue Act-1956, write comment on its process.

Rajasthan land revenue act, 1956 provides a specific provision for transfer of name of a person for his property. First person has to contact revenue officer of the area along with the required documents and has to notify for the same in the local magazine <sup>1 month</sup> prior to the application of change of name. Later person has to approach the patwari of the village to change the name in the records. If patwari satisfies with the documents presented, transfer of name is done.

(Write above this line only)

7. अभिप्रेरण की अवधारणा को स्पष्ट करते हुए अभिप्रेरणों के प्रकारों पर प्रकाश डालिए।  
 Explain the concept of motivation and throw light on the types of motivators.

Motivation is stimulus driving an individual to perform certain task or to achieve any specific objective. Motivators are the means which provides motivation.

(i) Internal motivation (Intrinsic)

→ based on inner zeal and aspiration, relatively longer duration.

(ii) External motivation

→ based on outer factors like reward, monetary benefits, less duration.

(3) Positive motivators reinforces certain action which increases likelihood of action eg:- pen given on completion of homework

(4) Negative motivators

→ which motivate out of fear, anger, anxiety. eg:- punishment given to child for not doing a task.

(Write above this line only)

8. भारत सरकार द्वारा प्रदत्त 'मेजर ध्यानचन्द खेल रत्न पुरस्कार' पर लेख लिखिए।

2.2 Write article on 'Major Dhyan Chand Khel Ratna Award' given by the Government of India.

Major Dhyanchand Khel Ratna Award is given to the sports personalities who have done exemplary work in their related sports conferred by President, a sculpture (bronze) of Major Dhyanchand, a communique, ceremony dress, certificate and financial reward. Sports player like Mohammad Shafi, Rajyavardhan Singh Rathod, Abhinav Bindra, Vijendra Singh etc. have received this award for their excellent performance. This award is named after Hockey player captain Major Dhyanchand.

1992 Started) Current ?? (Write above this line only) 25 Lakh prize

9. बालश्रम हेतु स्वीकृत कार्यों के सन्दर्भ में कार्यों के लिए आवश्यक दशाओं को लिखिए।

2.2 In the context of works accepted for child labour, write the conditions necessary for the works.

Child Labour (Prohibition and Regulation) Act, 1986 prevents children below 14 years of age up to 18 years complete ban from working in hazardous industries. However children above 14 can work (i) when employed as an assistant in domestic employment/institution. (ii) when work is of artistic nature eg:- TV industry. They must have necessary conditions like (1) their study should not be impacted. (2) long hours work more than 8-9 hours not allowed. (3) safety mechanism should be installed. (4) proper nutrition and food should be given.

(Write above this line only)

Weekly leave,

10. मानसिक स्वास्थ्य का अर्थ स्पष्ट करते हुए इसको प्रभावित करने वाले कारकों को लिखिए।  
 Explain the meaning of mental health and write the factors affecting it.

Mental health is defined by World Health Organisation (WHO) as the state of physical, emotional, and spiritual well-being of an individual.

(i) social factors: alienation from the community, loss of social prestige, wealth, and power of an individual, polarisation.

2. Psychological factors

↳ insomnia, anxiety, depression, institutional behaviour.

(4)

↳ Physical factors: - suffering from a disease ailments, incurable loss or partial dysfunction.

(5)

↳ emotional: separation from spouse, divorce, strained personal relations etc.

(Write above this line only)

(3) work environment: - stress working conditions, low wages, sexual harassment at workplace, behaviour of seniors etc.

Social factors  
(Write above this line only)

11. निम्न बिन्दुओं पर लेख लिखिए/टिप्पणी कीजिए/Write article/comment on the following.

1. अखिल भारतीय खेल परिषद/All India Sports Council

2. प्राथमिक चिकित्सक के गुण/Qualities of primary doctor

All India sports council formed in 1984 headquarter at Delhi, works for the development and promotion of sports at national level. It selects sports person to represent at national, international level, their training and nutritional requirements maintains sports stadiums and complex eg:- Indira Gandhi sports st

1. (1) firstly, analyse the abrasion, laceration and type of injury, soft tissue or hard tissue.

Qualities of Primary doctor

(2) then, provides first aid at the first hand

(3) Prevents maximum damage due to injury.

(4) Refer to secondary doctor on requirement basis.

(Write above this line only)

12. बौद्धिक सम्पदा का अभिप्राय स्पष्ट करते हुए भारत में बौद्धिक सम्पदा के प्रकारों पर टिप्पणी लिखिए।  
② Explaining the meaning of intellectual property, write note on the types of intellectual property in India.

Intellectual property is the outcome of the cognitive or innovative practices which has commercial importance for the owner. Started in 1970

① Copyright :-

for the innovation in artistic activities like movie making, books etc., 60 years.

Types

② Patent :- provided in field in medicine for innovation in drugs. For 20 years.

③ GI tag :- for products having qualities related to a specific location.

Eg:- Blue pottery in Rajasthan  
→ 10 years. (renewable)

④ Trademark :- for identification of a logo associated with an organisation.

Industrial Design

(Write above this line only)

13. अभिप्रेरणा मापन की परिस्थितिजन्य प्रीक्षण विधि व क्रिया स्तर मापन विधि पर लेख लिखिए।  
Write article on situational test method and activity level measurement method of motivation measurement.

Motivation measurement is performed to analyse hidden desires and aspiration of individual in their subconscious mind. Situation test provide a situation to an individual and they are asked about their acts towards that situation. eg:- Research Ink Blot test method, Thematic apperception test etc. where cards of different colour or different themes is provided and asked to form a story guided by that picture. By this, hidden aspirations and dreams of the individual is analysed. It is indirect method / projective method innovated by Sigmund Freud.

(Write above this line only)

14. राजस्थान राज्य क्रीड़ा परिषद के द्वारा प्रदत्त पुरस्कारों का वर्णन कीजिए।  
Describe the awards given by Rajasthan State Sports Council.

Rajasthan state sports council formed in 1957 for the promotion, management and development of sports in Rajasthan.

(i) Maharana Pratap Award.

→ instituted in 1985-1982-83  
→ given for bravery and courage in sports

Awards given

(ii) Gurus Vashista Award.

→ in 1987-1985-86  
→ given to coach of a sports, 40 has been given

(iii) Rising Star Award.

→ in 2017-2004 budding businesses in the economy  
→ given to emerging players for the performance at state, national and other games.

(iv) Excellence Award.

→ in 2017-2007 for excellent performance at the national, international level.  
→ for encouraging players

(Write above this line only)

15. पोक्सो अधिनियम-2012 के अधीन अपराधी के रूप में किसी बालक को चिह्नित किये जाने पर उस बालक के सन्दर्भ में पारित किए जाने वाले आदेशों को लिखिए।  
If a child is identified as a criminal under the POCSO Act-2012, write the orders to be passed in respect of that child.

POCSO (Prevention of children from sexual offences) act, 2012 was brought to <sup>provide</sup> protection and safety to children below 18 years from sexual offences like sexual assault, penetrative sexual assault, etc.

If child is identified as criminals then special child court orders to report in child welfare centres within 24 hours. They are scrutinised for medical test then sent to child reform/rehabilitation centre. Further court may also order for proceeding under juvenile crime prevention and production act, 2000 and sent to juvenile court or juvenile centre.

(Write above this line only)

16. "सिविल दायित्व, आपराधिक दायित्व से भिन्न होता है।" स्पष्ट कीजिए।

"Civil liability is different from criminal liability." Explain.

Liability is considered as an obligation to do something and return the dues to someone.

Civil Liability

Criminal Liability

1. accountability stems from the civil kind of actions.

1. accountability for criminal acts done by individual.

2. often have options like mediation, arbitration and conciliation.

2. They are with the charges of penalty and fines.

3. They may be towards environment, individual etc. eg: CSR under CA, 2013

3. They are liable towards state for breach of laws and rules.

Civil proceedings

(Write above this line only)

Criminal proceedings

17. मैक्रे व कोस्टा द्वारा प्रतिपादित 'पंचकारक सिद्धान्त' पर टिप्पणी लिखिए।  
Comment on the 'Five Factor Model' propounded by McCrae and Costa.



18. राजस्थान काश्तकारी अधिनियम-1955 के तहत काश्तकारों के प्राथमिक अधिकारों को लिखिए।  
 ② Write the primary rights of tenants under Rajasthan Tenancy Act-1955.

Answer in points

Rajasthan Tenancy act-1955 defined responsibilities, duties and functions, powers of the Board of revenue, revenue officers and rights of Tenants over the land.

Primary rights are rights regarding usage of the land, for agricultural purpose and other mentioned under the law.  
Tenants have private and exclusive rights over the land. No trespassing over the land of tenant is allowed under any circumstance by anyone. Illegal eviction from land and forceful occupation by state is not allowed. Compensation value must be given.

(Write above this line only)

19. सामाजिक बुद्धि को परिभाषित करते हुए इसकी उपयोगिता/महत्व पर प्रकाश डालिए।  
 32 Define social intelligence and throw light on its usefulness/importance.

Social intelligence is defined as ability to understand socially, culturally different & diverse communities and co-existing with them. Given by Thorndike.

- (1) diverse culture and sects co-habitation becomes smooth.  
 (2) maintain national integrity and patriotism sentiments.  
 (3) restrain feeling of regionalism, communalism like evils in society.  
 (4) importance to customs and cultures of minority, downtrodden section.  
 (5) customs, cultures of tribals society is respected and not forced for acculturation.  
 (6) collective conscience based formation of rules and laws of society.

(Write above this line only)

20. चतुर्थों के नाम उल्लेखित करते हुए इनका महत्व स्पष्ट कीजिए।

Mention the names of Chaturyoga and explain their importance.

Chaturyoga is group of yogas postures like cyan yoga, Bhakti yoga, Karma yoga and Tapa yoga. which underlines peace of mind, body and soul. Raja yoga

① maintains balance of mind body and soul.

③ promotes for dedication towards duty as categorical imperative.

② maintains physical and mental fitness of the body

④ encourage spiritual tendencies and peace of mind.

⑤ Meditative practices via Dhyana yoga and other like Bhramari, Padmasan etc. increases focus.

⑥ Increased concentration and retention power of mind.

(Write above this line only)

21. स्वामित्व के संदर्भ में पश्चिमी व भारतीय अवधारणा में अन्तर उल्लेखित कीजिए।

Mention the differences between Western and Indian concepts regarding ownership.

Ownership is the exclusive rights possessed by an individual over a thing or relation between person and right (Salmond).

Western ownership

Indian ownership

→ inspired by the Roman laws

→ inspired by the Hindu law and Indian laws.

→ based on concept of negative rights

→ based on concept of positive rights.

→ protected by individual only.

→ protected by statutory laws of state.

→ ownership relates to possession of thing.

Ownership related to possession of things & rights, associated with them

duties associated with them mandatory.

→ duties associated with them not mandatory, moral & civic.

(Write above this line only)

22. तनाव के कारण व्यक्ति में उत्पन्न होने वाले संवेगात्मक व शारीक्रियात्मक प्रभावों पर लेख लिखिए।  
Write article on the emotional and physiological effects arising in a person due to stress.

Stress is mentally induced condition which arises due to difference in estimated and real outcome of a situation.

[Emotional.]

[Psychological.]

→ strained social and personal relationship.

Effects arising

→ stress leading to depression, anxiety → Emotional

→ less emotional intelligence.

→ alienation from the group or community

→ conflict in personal and private duties and responsibilities.

→ sleeping disorder - insomnia, palpitations etc.

→ delayed decision making and emotionally driven decisions

→ confused state of mind.

(Write above this line only)

Heart rate, blood pressure level, metabolism & physical ability

23. विस्मरण को परिभाषित करते हुए विस्मरण की व्याख्या हेतु प्रतिपादित मुख्य सिद्धान्तों के नाम लिखिए।  
While defining forgetting, write the names of the main theories propounded to explain forgetting.

forgetting is a conscious mental process where brain is unable to process stored information from the short term or long term memories due to trace decay, interference, lack of use

failure in retrieving information etc. main principles → ① Encoding Failure ② Consolidation ③ Decay or Disuse Theory ④ Retrieval Failure

Hans Sangle's theory where forgetting happens in

3 stages via. stage of initiation, stage of alarm, stage of reaction.

Ebbinghaus curve also represents forgetting is initially a slow process and starts rapidly and then becomes constant. 25% of

memory is always retains in mind.

(Write above this line only)



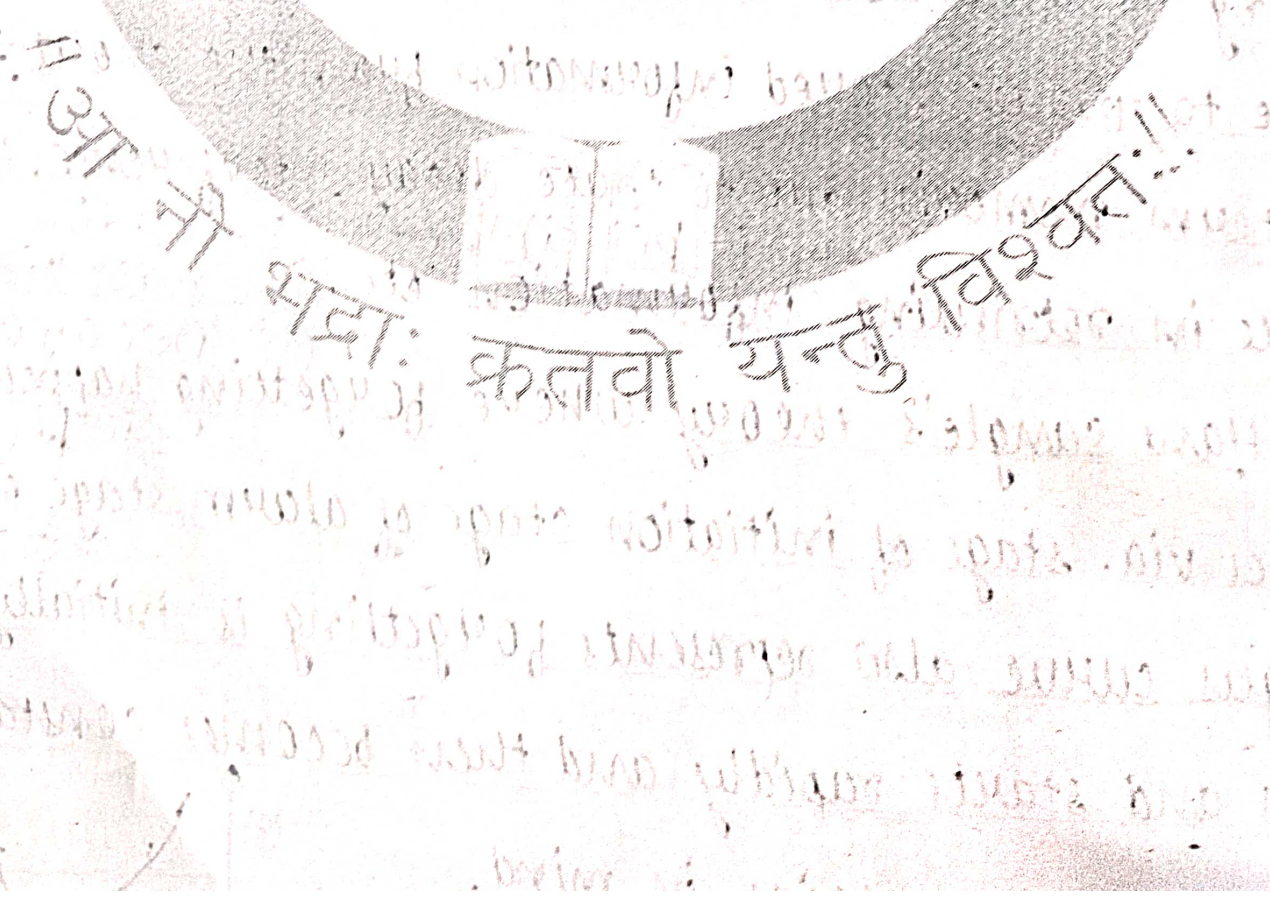
24. अधिकार व कर्तव्य में मूलभूत अंतर लिखिए।  
Write the basic differences between rights and duties.

Rights and duties co-exist with one another as proposed by Salmond via 'vinculum iuris' i.e. bond of law. However both differ

[Rights]	[Duties]
→ Rights are demanded by individual from the state eg:- Political rights, equality etc.	Duties are obligation on individual to act or do something for state or other eg:- Civic duty.
→ stems from statutory laws and rules	→ stems from laws as well as individual conscience.
→ protected by state and other legal agencies eg:- supreme court in India	→ not protected always, depends on individual moral attitude.

Symbols of higher sentiments

Subordinate to rights



हिन्दी व्याकरण- शब्द युग्म, वाक्यांश के लिए एक शब्द व निबंध लेखन

1. वाक्यांश के लिए एक शब्द -

अंक- 5

(i) जो मांस न खाता हो -

निरामिष ✓ (1)

(ii) जो किसी पर अभियोग लगाए

प्रतिवादी ✗ अभियोगी

(iii) कम खर्च करने वाला

मितल्यथी ✓ (1)

(iv) पर्वत के नीचे तलहटी की भूमि

अधिल्यका ✗ उपल्यका

(v) अनेक भाषाओं को जानने वाला

बहुभाषाविद् ✓ (1)

अंक- 5

2. निम्नलिखित शब्द युग्म का अर्थ लिखिए:-

(vi) ऋत -

सत्य ✓ (1)

ऋतु -

समय, मौसम काल ✓

(vii) तरणि -

सूर्य ✓ (1)

तरणी -

नाव ✓

(viii) अमित -

पथति ✗ वृद्धि (1/2)

अमीत -

शत्रु ✓

24.

3

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(ix) अनिष्ट -

अनिष्ट -

(x) षष्ठी -

षष्ठी -

3. निम्नलिखित में से किसी एक विषय पर निबंध लेखन लिखिए। (250 शब्द)

1. इंटरनेट-वरदान या अभिशाप

2. वैश्विक पर्यावरण संकट

सम्यक्

TM

!! शांति भद्राः कस्तनो यन्तु विश्वतः !!