



Samyak
An Institute For Civil Services

RAS - 23 MAINS TEST SERIES

सिद्धि-II - 011

Time : 3 Hours

Maximum Marks : 200

खेल एवं योग, व्यवहार एवं विधि
Sports and Yoga, Behaviour and Law

Paper - III (Unit - III)

Name :		MARKS	
Enroll. No.:	Part	Attempted Questions	Marks Obtained
Date of Birth :	Part - A	36	41
Medium : ENGLISH	Part - B	24	61
E-mail :	Part - C	—	—
Exam Date : 21-04-2024	Total	60	102
Invigilator's Signature :			
ECN:	RCN:	Hindi: 00	English: 00

अनुदेश (Instructions)

- परीक्षा शुरू होने से पहले पुस्तिका को जाँच लें।
Please check the booklet before commencement of the exam.
- अंक योजना प्रत्येक खंड के प्रारम्भ में दी गई है।
The marking scheme is given at the start of every section.
- अभ्यर्थियों को उत्तर निर्धारित शब्द सीमा से अधिक नहीं लिखना चाहिए, इसका उल्लंघन करने पर अंक काटे जा सकते हैं।
Candidates should not write more than the prescribed word limit in answers, violating this may result in deduction of marks.
- अभ्यर्थियों को निर्देशित किया जाता है कि किसी भी प्रश्न का उत्तर प्रश्नोत्तर पुस्तिका में निर्धारित स्थान पर ही लिखें। बॉर्डर लाईन से बाहर प्रत्युत्तर नहीं लिखें। बॉर्डर लाईन के बाहर लिखे गये उत्तर को जाँचा नहीं जायेगा।
Candidates are directed to write answers only in the prescribed space of booklet. They should not write answer outside the border line. Answer written outside the border line will not be checked.

REVIEW PARAMETER		Good	Above Average	Average	Below Average
1.	DOES THE ANSWER ADDRESS THE DEMAND OF THE QUESTION?				
a.	Answer Relevancy				
b.	Answer Enrichment points like use of: · Key Terms/ Subject Vocabulary. Use of Commission/ report/ government publication/ judgements, etc. Association with the Current Affairs and use of examples to explain the concept and idea				
2.	HOW WELL IS THE ANSWER PRESENTED?				
a.	Structure - Intro, Body, Conclusion				
b.	Presentation – Using Subheadings/ points/ highlighting/ flowcharts/ diagrams/ maps				
c.	Language & Grammar				
d.	Word limit				

Detailed Comments / Feedback / Suggestions for Improvement
विस्तृत टिप्पणियाँ/फीडबैक/सुधार के लिए सुझाव

1.

- ① Memorize facts
- ② Answer accⁿ to demand of question
- ③ Good efforts try to elaborate answers
- ④ Focus on Hindi & English

Part - A

Note : Answer the following questions in 15 words. Each question carries 2 marks.

नोट : निम्न प्रश्नों के उत्तर 15 शब्दों में दीजिए। प्रत्येक प्रश्न 2 अंक का है।

1. अंतर्राष्ट्रीय स्तर पर 'बिलियर्ड्स प्रतियोगिता' में भारत का प्रतिनिधित्व करने वाले किन्हीं चार खिलाड़ियों के नाम लिखिए।
Write the names of any four players who represented India in 'Billiards Competition' at the international level.

① Devendra Thangaraj

Pankaj Advani

② Saina Nehwal

Subhash Agarwal

③ Neeraj Chopra

Anuja Thakur

④ Lovelina Bourghum

Geet Siriram Sethi

(Write above this line only)

2. 'बेल समायोजन आविष्कारिका' पर टिप्पणी लिखिए।

Comment on 'Bell adjustment inventory'.

(Write above this line only)

3. लेजारस द्वारा प्रतिपादित 'तनाव' की अवधारणा को लिखिए।

Write the concept of Stress propounded by Lazarus.

Lazarus founded Folkman Theory for stress

with Problem focused strategy → To focus on problems and solution, make plan & Timetable.

→ Emotion focused strategy : To emotionally control feeling & emotions and attain mental stability.

for Psychological changes

4. 'पूर्ण अधिकार व संयोजित अधिकार' पर टिप्पणी लिखिए।
Write note on 'Absolute Rights and Qualified Rights'.

<u>Absolute Right</u>	<u>Qualified Right</u>
These are the rights given without any condition	These are the rights which are given to person with condition
Ex. (Using public bus freely do anything)	(Ensuring public bus with safety)
<u>Right to safety of life</u>	

(Write above this line only)

5. भारतीय खेल प्राधिकरण प्रशिक्षण केन्द्र योजना के तहत खिलाड़ियों/प्रतिभागियों को कौन-कौनसी खेल विधाओं का प्रशिक्षण प्रदान किया जाता है?
Under the Sports Authority of India Training Center Scheme, training of which sports disciplines provided to the players/participants?

- 27 games are these
- ① Badminton ✓
 - ② Javeline throw ✓
 - ③ Tennis ✓
 - ④ Archery ✓
 - ⑤ Hockey ✓
 - ⑥ Football ✓
 - ⑦ Swimming ✓
 - ⑧ Hand ball etc ✓

Kho-kho, Judo

(Write above this line only)

6. घरेलू हिंसा से महिलाओं का संरक्षण अधिनियम-2005 के अनुसार 'मौखिक और भावनात्मक हिंसा' का तात्पर्य स्पष्ट कीजिए।
Explain the meaning of 'verbal abuse and emotional violence' according to the Protection of Women from Domestic Violence Act-2005.

- Verbal and Emotional abuse refers to.
- ① Any sexual intended remarks.
 - ② Any colourful remark outrage modesty of women.
 - ③ Any abusive and use of sexual term.
 - ④ Threatening to endanger job & employment.

insult, Scorn etc

(Write above this line only)

Physical Pain

7. शीलगुण सिद्धान्त की विशेषताएं लिखिए।
Write the characteristics of Trait theory.

basic elements of Personality
→ Similarity b/w diff. individuals
→ Behavior is Stable & Consistent

Trait is a unique & distinctive quality a person possesses which define his personality & behaviour

⇒ It is a building block of personality (stable in nature)

⇒ It can be external or internal

Some theory → Allport (Trait theory) [cardinal trait, central trait]

Roexnman
Freidman theory

(Write above this line only)

8. हाल ही में सुर्खियों में रहे 'दिव्यांश सिंह पंवार'

'Divyansh Singh Panwar' recently seen in the headlines recently.

(Write above this line only)

9. सेलोवी एण्ड मेयर के अनुसार सांवेगिक बुद्धि की परिभाषा लिखिए।

Definition of emotional intelligence according to Salovey and Mayer.

Emotional intelligence refers to the ability of a person to understand one's own emotion and other person's emotion, to distinguish among them, and use the information to address the challenge. Guide our thinking & Behavior. They given P.U.U.M Model, to this (Perceive, Use, Understand, Manage)

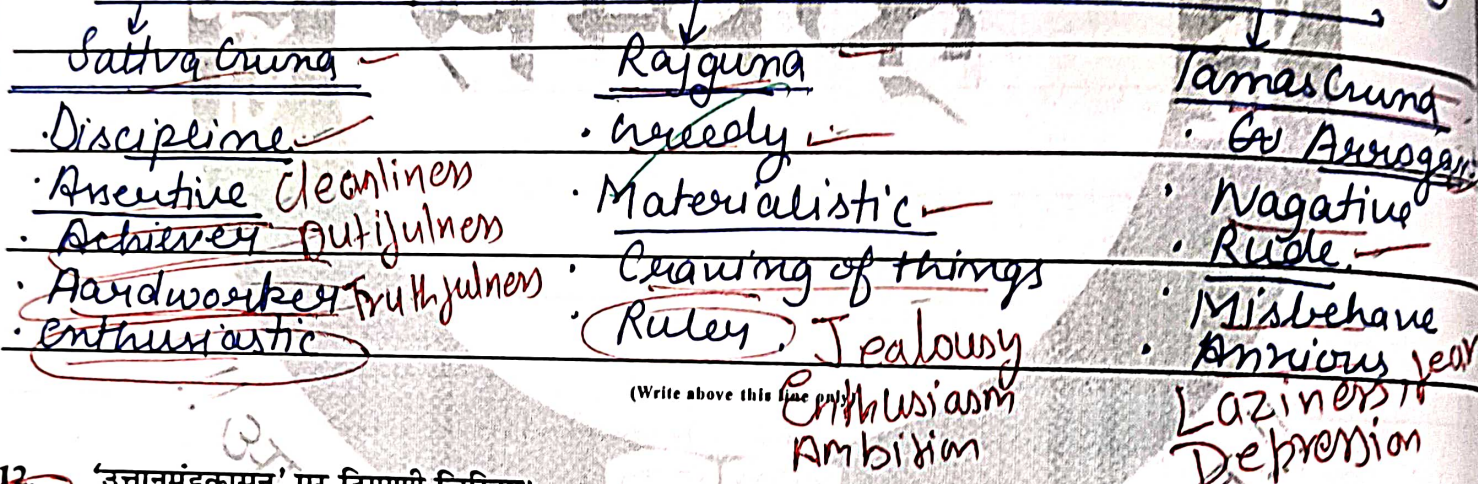
(Write above this line only)

1 1/2
 Cyber stalking can be defined as the stalking of a person on Internet or digital Media through any social media app. Facebook, WhatsApp, Instagram etc.
online harassment.

(Write above this line only)

11. व्यक्तित्व का त्रिगुण सिद्धान्त
 Tripartite theory of personality

Triguun Theory (define 3 personality)



(Write above this line only)

12. 'उत्तानमंडूकासन' पर टिप्पणी लिखिए।
 Write comment on 'Uttanamandukasana'.

- ⇒ This asana is helpful in maintaining body posture and mental wellbeing.
- ⇒ It prevent many disease.
- ⇒ It make a person stress free. back pain & cervical
- ⇒ Improve Metabolism. lung junction discomfort

(Write above this line only)

13. राजस्थान काश्तकारी अधिनियम-1955 के अनुसार काश्तकारी के बेदखली के आधार बताइये।
According to Rajasthan Tenancy Act-1955, tell the grounds for eviction of tenant.

- ① If Tenant fails to pay the rent at prescribed time.
- ② Breach any pre-established condition in Rights.
- ③ Illegally acquired tenancy.
- Expiry of the lease period.

(Write above this line only)

14. राष्ट्रीय डोपिंग रोधी अधिनियम 2022 के उद्देश्य लिखिए।
Write the objectives of the National Anti-Doping Act 2022.

Objective - To enhance free & fair practice in gaming.
- To address illegal intake of Medicine.

- ① To match international standard of gaming.
- To make fair competition.

Regulate anti-doping activities
Statutory framework for functioning of National Anti-Doping Agency
National Dope Testing Laboratory

(Write above this line only)

15. 'योग के मानसिक महत्त्व' को लिखिए।
Write the 'mental importance of yoga'.

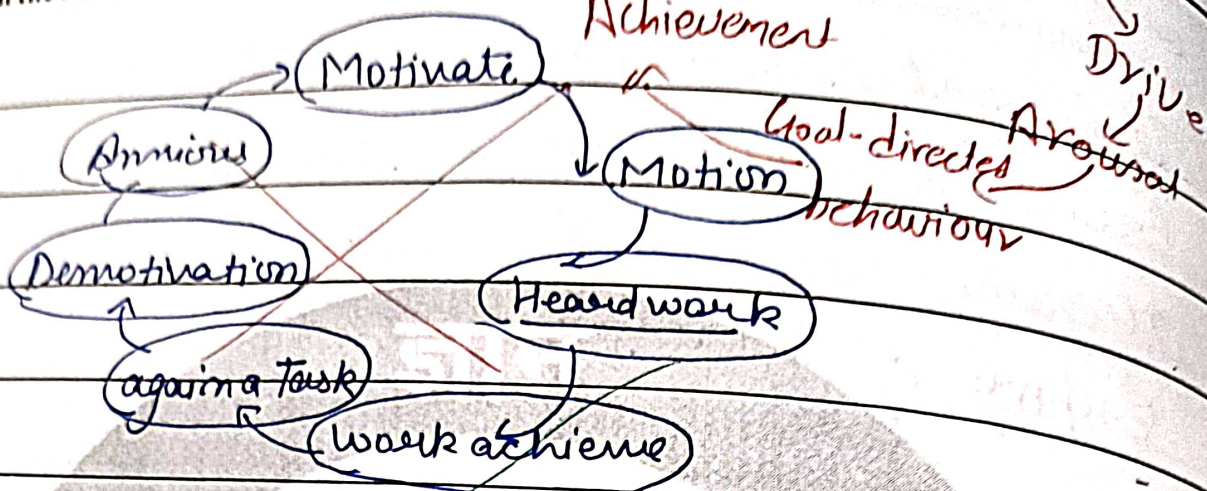
Mental Importance of Yoga

- ① It makes a person stress free & relax.
- ② It helps in meditation & Strength.
- ③ It helps in controlling emotion in various situations.
- ④ It helps in N. Nervous free, anxious mind.

(Write above this line only)

increasing Stamina, Calmness, Flexibility

16. अधिप्रेरण चक्र के मुख्य घटकों को उल्लेखित कीजिए।
Mention the main components of motivation cycle.



(Write above this line only)

17. विधि की सीमाओं या दोषों को उल्लेखित कीजिए।
Mention the limitations or defects of law.

- Limitation →
- ① Law doesn't abide in all condition
 - ② There are many issue not cover under law.
Lack of flexibility
Excessive formalities
 - ③ Compliance of Law.
Having stereotypes
 - ④ Law must be impartial, just, equitable, otherwise doesn't work.
Complex language.

(Write above this line only)

8. 'भारतीय ओलम्पिक संघ' पर टिप्पणी लिखिए।
Write note on 'Indian Olympic Association'.

- It was formed in 1927 in olympics.
Again made in 1936, when India participated in HA-Delhi.
Objective is to enhance the sports quality and match the international standard of sport.

(Write above this line only)

19. संवेगात्मक स्थितियाँ अधिगम को किस प्रकार प्रभावित करती हैं?

negative emotions
↳ anger, hatred

How do emotional states affect learning?

- (1) It create a mental stability in mind.
- (2) If emotionally unstable then forgetting in learning.
- (3) Healthy emotional condition retain learning.
- (4) The mental condition become hurdle in processing.

(Write above this line only)

20. ऑस्टिन के अनुसार 'स्वामित्व' की परिभाषा

Definition of 'ownership' according to Austin.

Austin → ownership is a exclusive right of a person over a object or property.

⇒ It is always legal in Nature.

⇒ No phy Right of enjoyment, use, dispose, destruct included.

⇒ Right to use any material.

(Write above this line only)

21. श्रीमद्भगवत गीता में उल्लेखित 'योगः कर्मसु कोशलम्' की धारणा पर प्रकाश डालिए।

Throw light on the concept of 'Yoga: Karmasu Koshalam' mentioned in Srimada Bhagwata Geeta. ??

'Yoga karmasu kaushalam' It is the skill in actions

'Efficiency in the action of Yoga' will help in enhancing memory and one's control over his desire & emotion.

Efficiency of actions

(Write above this line only)

22. 'डिनायल-ऑफ-सर्विस अटैक' पर टिप्पणी कीजिए।
Comment on 'Denial-of-Service Attack'.

It is a attack in which many mails or message sent to a person, restrict him to use to basic service."

(Write above this line only)

23. आंग वैन एण्ड लिवरमोर द्वारा सांस्कृतिक बुद्धि की कौनसी चार क्षमताएँ बताई गई हैं?
Which four capabilities of cultural intelligence have been described by Ang Van and Livermore?

(Write above this line only)

24. भारत में खेल क्षेत्र के पिछड़ेपन के किन्हीं चार कारणों को लिखिए।
Write any four reasons for the backwardness of sports sector in India.

- ① Lack of Infrastructure
- ② Lack of Training & Standard.
- ③ No proper procedure & implementation ??
- ④ Lack of appreciation of player

(Write above this line only)

25. 'भरण-पोषण अधिकरण' पर टिप्पणी लिखिए।
Write note on 'Maintenance Tribunal'.

Amount of maintenance cannot be more than 10,000 every month

It is made under Section 7 of Maintenance & welfare of Senior Citizen Act.
= where a person can file appeal to ask for maintenance.
It has power of civil court.
It has to dispose case in 90 days (exception 30 d)
Can order relief & compensation

(Write above this line only)

26. सीखने की विराम-अविराम विधि
Massed Method and Spaced method of learning

Massed method

Spaced Method

It is done with various gap and recess in learning

It is done with no gap in it with learning proceeding and storing

(Write above this line only)

27. 'प्रतिकूल कब्जा' पर टिप्पणी लिखिए।
Write note on 'Adverse Possession'.

Adverse Possession: The possession forcibly maintaining in physical control over a property or object. Can be legal or illegal.
claiming to be real owner

(Write above this line only)

28. चार्म-अप को परिभाषित कीजिए।

Define warm-up.

Warmup It is the process of ps having little exercise before the actual ^{Game} in order to prepare the body for heavy & hard gaming or exercise.

(Write above this line only)

29. 'एशियाई पैरा खेल-2022 के 'मोटो' व 'शुभंकर' बताइये।

Write the 'motto' and 'mascot' of Asian Para Games-2022.

(Write above this line only)

30. सामण्ड के अनुसार स्वामित्व में कौन-कौनसे अधिकार सम्मिलित होते हैं?
According to Salmond, which rights are included in ownership?

- ① Right to use
- ② Right to enjoyment
- ③ Right to destruct & dispose
- ④ Right to use any material.
- ⑤ Right to have Residual power.

(Write above this line only)

31. व्यथित व्यक्तित्व या टाइप डी प्रकार के व्यक्तित्व के लक्षण लिखिए।

Write the characteristics of distressed personality or Type-D type of personality.

⇒ Type-D → The personality is very negative in nature, possess Neuroticism, unstable, neurotic, rude, arrogant, socially isolated etc.

(Write above this line only)

32. धार्मिक अथवा रूढ़िजन्य विधि

Religious laws

⇒ Religious laws are those laws which are sanctioned by religion.

⇒ They are generally moral in nature.

⇒ Followed in Non-secular country.

Ex:- Muslim law, Hindu law

(Write above this line only)

33. कब्जे की आवश्यक विशेषताएँ/लक्षणों को लिखिए।

Write the essential features/characteristics of possession.

→ It should be phy have physical control (Corpus)

→ There should be intention of control (Animus)

→ There should be continuous control over property or object.

⇒ will turn to ownership aware of their

(Write above this line only)

34. 'राष्ट्रीय खेल विकास कोष' पर टिप्पणी लिखिए।

Write note on 'National Sports Development Fund'.

year → 1993
Charitable Endowment to sports

⇒ The fund specially dedicated to sports training & development.

⇒ To enhance International standard

⇒ Given at National/International level

⇒ Improve Infrastructure.

(Write above this line only)

35. वर्ष 2023 के लिए मेजर ध्यानचंद खेल रत्न पुरस्कार से सम्मानित खिलाड़ियों के नाम लिखिए।

Write the names of the players honoured with Major Dhyana Chand Khel Ratna Award for the year 2023.

① Alex Neeraj Chopra

⑤ Saina Nehwal

② Avani Lekhara

③ Devendra Thangaraj

④ Vinay Kohli

2023 Satwik & Chirag Shetty - Badminton

(Write above this line only)

36. 'अधिगम असहायता' की अवधारणा को स्पष्ट कीजिए।

Explain the concept of 'learned helplessness'.

Learned helplessness → Continuously faces -ve, uncontrollable situation & stops trying

⇒ It is the process by which a person forgets and becomes helpless for him to develop learning and reoccurring.

⇒ unable to coordinate & encode.

(Write above this line only)

Ex: a smoker may repeatedly try & fail to quit.

37. 'नालबट' पर टिप्पणी लिखिए।
Write note on 'Nalbat'.

Nalbat → It is a kind of tax given by person for using any water from well of to other person in wash or kind for irrigation or other purpose. Act ??

(Write above this line only)

38. लैंगिक अपराधों से बालकों का संरक्षण अधिनियम-2012 की 'प्रस्तावना' लिखिए।

Write the 'Preamble' of the Protection of Children from Sexual Offences Act-2012.

⊕ To protect children any kind of sexual assault, sexual harassment, pornography or any kind of sexual abuse

⇒ protect his right to live with dignity.

special courts

(Write above this line only)

39. 'नजूल भूमि' पर टिप्पणी लिखिए।
Comment on 'Nazul Bhoomi'.

Nazul land : Any abadi land which is in the limit of state government (under Panchayat or Municipality). Act ??

Rajasthan Land Revenue Act - 1956

(Write above this line only)

40. तनाव प्रबंधन की अवधारणा को स्पष्ट कीजिए।
Explain the concept of stress management.

Stress Management is the process of coping with stress to increase by various methods such as: Meditation, Social Relationship, thinking, Exercise, good diet, good habit, etc.

3.5 pages

Understanding stress, ways to relieve stress
Making them habitual
(Write above this line only)

Part - B

Note : Answer the following questions in 50 words. Each question carries 5 marks.

नोट : निम्न प्रश्नों के उत्तर 50 शब्दों में दीजिए। प्रत्येक प्रश्न 5 अंक का है।

1. जीन पियाजे द्वारा प्रतिपादित संज्ञानात्मक विकास के सिद्धान्त पर लेख लिखिए।

Write article on the theory of cognitive development propounded by Jean Piaget.

Cognitive development theory was given by Jean Piaget, refers the ability of one to understand well, judge well, analyse, logically solve problem, and rational thinking
⇒ He experiment on a child to test the cognitive behaviour.
⇒ Cognitive intelligence is dynamic and change with time, as year by year, the field of working of child increase, his cognitive intelligence increase.
He propose 4 stage of development:

- ① Motor sensor stage (0-2 age) — ?
- ② Pre-operational stage (2-7) age — ?
- ③ Concrete operational stage (7-11) — ?
- ④ Pre Formal Operational stage (11-above 11) — ?

Thus he explained this theory in context of child development
(Write above this line only)

खेल के दौरान खिलाड़ियों को लगने वाली चोट के कारणों को लिखिए।
Write the reasons for injuries suffered by players during sports.

Physical fitness
infrastructure

Reason → ① Due to the collision of player with one another.

② Due to collision of player with an object

③ Due to unconsciousness of player at the time of game.

④ Injury by heavy lifting object.

⑤ Due to pressure on muscle or ligament.

⑥ Negligence of player during game.

⑦ Bone fracture, strain, sprain due to falling.

⑧ Cut, wound (Incision, Abrasion) negligence in using equipment. (P)

Prevention → ① Follow Rules & Regulation

③ Put safety.

② Consciously play a game

④ Follow SALTAPS Technique.

(Write above this line only)

3. सूचना का अधिकार अधिनियम 2005 के तहत प्रतिबंधित अथवा अदेय सूचनाओं के संदर्भ में टिप्पणी लिखिए।
Write note regarding restricted information under the Right to Information Act 2005.

Schedule 2nd of RTI Act 2005 provide that some information are highly restricted to provide under RTI Act. Such as:

① → Information related to Sovereignty, unity & Integrity

② → Information related to NSA, ED, CBI.

③ → Information of foreign country in trust.

④ → Information related to any trade secrecy.

⑤ → Information marked not to disclose by court.

⑥ → Information related Personal database of citizen etc

⑦ → Some organisation are also exempted: CBI, NSA, RAW

Anti corruption Bureau, ED, CVC etc

(Write above this line only)

4. भारतीय खेल प्राधिकरण की स्थापना के लक्ष्यों/उद्देश्यों को उल्लेखित कीजिए।

2½ Mention the goals/objectives of the establishment of Sports Authority of India.

Sports authority of India was formed in 1984 in order to prepare for the Asian games held in India to facilitate the sports standard & achievement.

Objective

Ministry??

- ① To provide world class training to players
- ② To enhance the sports potential of India
- ③ To provide a better opportunity of all players
- ④ To make India efficient in sports in world.
- ⑤ To enhance the capability of young to add sports in school or university.
- ⑥ To appreciate player who won medal at National or International level.

(Write above this line only)

5. किसी व्यक्ति के व्यक्तित्व के निर्धारण में 'पर्यावरणीय/वातावरणीय कारक' किस प्रकार महत्वपूर्ण हैं?

2½ How are 'environmental factors' important in determining the personality of a person?

Environmental factors are very important as they define the person's personality during various stage of life. it is not self made or natural, it is acquired.

① Family member & Parents (their behaviour reflect our development (strict or soft))

② School institution

③ Our friends (whether they are Motivate or demotivate)

Environmental Factors

④ Our teachers play crucial role in personality

⑤ Our workplace (whether give positive or Negative output)

Influence of

Cultural environment

Thus, environmental factors play crucial role in personality development as it is something evolving in each stage.

(Write above this line only)

6. राजस्थान भू-राजस्व अधिनियम-1956 में उल्लेखित 'नामांतरण' का तात्पर्य स्पष्ट करते हुए इसकी प्रक्रिया पर टिप्पणी लिखिए।
Explaining the meaning of 'transfer of name' mentioned in Rajasthan Land Revenue Act-1956, write comment on its process.

Rajasthan Land Revenue Act 1956, prescribed a proper method of transfer of name with condition. Rules & procedure

① A person can transfer property by transferring name.
② He has to made an application to the concerned authority (Patwari or Tehsildar), which then has to be approved by officer not less than subdivision level.

Condition: ① 'Transfer of Name' should not be illegal.
② There should be proper consent of Transferee.

③ The property should be legal.

④ There should be no objection by any authority.

(Write above this line only)

7. अभिप्रेरणा की अवधारणा को स्पष्ट करते हुए अभिप्रेरकों के प्रकारों पर प्रकाश डालिए।
1/2 Explain the concept of motivation and throw light on the types of motivators.

Motivation can be defined as the driving force which tend a person to direct his behaviour to attaining a particular goal. Motivation can be in any form Social Motivation Biological Motivation etc in different direction.

Type of Motivators ⇒

① Family & Parents	⑦ To fulfill drive to live a good life.
② School & Teachers	⑧ Bad surrounding around.
③ Friends.	⑨ Feeling of spiritual achievement
④ Our Biological Needs	
⑤ Our social & economical Needs	
⑥ To dream for achievement	

Thus to analyse there are some method: Question Method, Projective technique, selection Method etc

(Write above this line only)

3) Major Dhyam chand Khel Ratna Award is the highest sports honour in India. (Earlier Daji Gandhi Khel Ratna Award.)

⇒ It is given under: Ministry of sports & Youth affairs
 ⇒ It is presented: by President of India. (Sports authority of India)

Include: ₹5 lakh Rupee, certificate, Medal.

given to: Given to those players who have perform outstanding & spectacular in sports within 4 years at international level.

- Some Recipient of Award:
- ① Avani lekhara
 - ② Devendra Thariharia
 - ③ Lovelina Bourgham
 - ④ Mary com
 - ⑤ Neeraj chopra etc
- (Write above this line only)

Current/latest

9) बालश्रम हेतु स्वीकृत कार्यों के सन्दर्भ में कार्यों के लिए आवश्यक दशाओं को लिखिए।
 In the context of works accepted for child labour, write the conditions necessary for the works.

Child labour is defined as the condition where a child is deprived from physical, cognitive, social & development.

In child labour (prohibition & Regulation) Act - 1986 (amendment act) 2016

a child is divided into two category ⇒ child (below 14)
adolescent (14-18)

⇒ where a child below 14 is completely prohibited to work
 For adolescent accepted → To sit in shop
 harmless work → To do any non industrial work

Conditions??

- Any work away from electricity, fire, danger
 - Any harmless work.
- (Write above this line only)

- Condition
- ① If family poor, so to help them
 - ② To work for parent (without pay) in business
 - ③ To help family in home business.

Punishment - 6 Month
 ↓
 3 year
 ↓
 2 year

मानसिक स्वास्थ्य का अर्थ स्पष्ट करते हुए इसको प्रभावित करने वाले कारकों को लिखिए।
Explain the meaning of mental health and write the factors affecting it.

Mental health is being mentally, spiritually, psychologically healthy not just free from any disease. It is the condition where a person can do things with his full capacity & stable mind.

Life events..	① Biological Factors	→ ⑥ Fail in fulfilling of expectation
② Any traumentical event (Divorce, accident)	② Psychological	→ ⑦ Loss of dear one
③ Unhealthy behaviour around a person	③ Social	④ Lifestyle
④ Lack of confidence & social anxiety	④ Economic or business loss	⑤ Environmental factors
⑤ Failure in exam.	⑤ Bullying	

Government of India launch Manodarpan, Kisan helpline NIMHANS to address mental health issue.

(Write above this line only)

11. निम्न बिन्दुओं पर लेख लिखिए/टिप्पणी कीजिए/Write article/comment on the following.

1. अखिल भारतीय खेल परिषद/All India Sports Council ①
2. प्राथमिक चिकित्सक के गुण/Qualities of primary doctor ①½

All India sports council formed under the sports authority of India. To provide excellent training & facility to players.

- work → ① To make Rules & Regulation for game. ② To appoint players
- ② To allocate fund & infrastructure.
 - ③ To check the legality in game (Anti doping) Sports policies
 - ④ To provide doctor at time.

Qualities of Primary doctor

- ① Providing first aid facility. Knowledge of
- ② Quick in decision making.
- ③ Good behaviour & communication.
- ④ Knowledge about Primary healthcare service.
- ⑤ To immediately provide relief at time of sudden injury.
- ⑥ To provide cure to prevent serious condition.

Must be of good health & strong heart

(Write above this line only)

12. बौद्धिक सम्पदा का अभिप्राय स्पष्ट करते हुए भारत में बौद्धिक सम्पदा के प्रकारों पर टिप्पणी लिखिए।
Explaining the meaning of Intellectual property, write note on the types of intellectual property in India.

③ Intellectual property is the object/thing such as Artistry, drama, industry object generated by the invention by Human mind. It is protected under WIPO and India's Intellectual property Policy (2016).
→ It is There is exclusive right given to a person who created intellectual property.

- Types
- ① Any industrial product can be use for commercial purpose
 - ② Any design, logo, mark
 - ③ Any CI Tag (Bandhini, Rosgulla)
 - ④ Any Integrated Circuit (Semi conductors)
 - copyright (symbol, masks)
 - Any medicine
 - Any seed or plant variety

It is protected under various Acts & Convention
(Write above this line only)

13. अभिप्रेरणा मापन की परिस्थितिजन्य परीक्षण विधि व क्रिया स्तर मापन विधि पर लेख लिखिए।
Write article on situational test method and activity level measurement method of motivation measurement.

Motivation is a driving force which direct a person's behaviour to attain a particular goal.

Situational Test → In this method, a person is given certain situation of light to extreme, then what action took by him, define the behaviour and motivation of person. If person negatively choose then motivation is negative, but if positive than Motivation is positive.

Activity level Measurement - In this particular test, a person is given some activity/Task such as to write a story, clean a place, complete project, to measure how enthusiastically, a person performed a work, will define his motivation.

(Write above this line only)

Describe the awards given by Rajasthan State Sports Council.

- 1. Maharana Pratap Khel Ratan Award - (Highest sport award) given with statue, certificate, ceremonial dress and 1 Lakh Rupee. (1982-83)
- 2. Dr. B.R. Ambedkar Award : (Given to coach who did excellence) 5 Lakh (1985-86) 1 Lakh, ceremonial dress, statue
- 3. Awarasali Award : (Given 2,51,000) by Manwar-Manwar foundation \$1000
- 4. Khelo India Award (by State government)
- 5. Excellence Award (to highly excellent players who played well) Central Govt.
- 6. Rajasthan Rural / Urban Olympics Award (Given to both Urban & Rural District level)

(Write above this line only)

15. पोक्सो अधिनियम-2012 के अधीन अपराधी के रूप में किसी बालक को चिह्नित किये जाने पर उस बालक के सन्दर्भ में पारित किए जाने वाले आदेशों को लिखिए।
 If a child is identified as a criminal under the POCSO Act-2012, write the orders to be passed in respect of that child.

If a child is identified as criminal under POCSO act, so that the child is ~~not~~ not considered as criminal, he will be identified as 'child in conflict with law'??
 => He is trial & process is done under Juvenile Justice Act 2015. where the degree of crime is recognized as Heinous or Simple Nature crime, then punishment under following order can be -> (1) A child can be sent to Rehabilitation centre for year depend on crime.
 (2) If a child is mentally ill, then he could be sent to counselling centre.
 (3) If child is forcedly done anything in presence of his parent, then legal action would be take against his parents.

(Write above this line only)

16. "सिविल दायित्व, आपराधिक दायित्व से भिन्न होता है।" स्पष्ट कीजिए।
"Civil liability is different from criminal liability." Explain.

Civil liability refers to the remedy, where criminal liability leads to the punishment.

Civil liability	Criminal liability
① It is considered under civil case.	① It is considered under criminal case.
② Only compensation is demanded in it.	② Punishment with compensation is demanded in this.
③ Right of person is violated here.	③ With rights, a person may suffer any injury.
④ Crime is available in nature. <i>It is non-bailable offence</i>	④ Crimes are non-bailable in nature.
⑤ Covered under Civil Procedure Act & other act.	⑤ Covered under CRPC & IPC.
⑥ Ex. → Trespass, Nuisance, theft, Tort, accidents, Nursing home abuse	⑥ Murder, Rape, Robbery, etc.

17. मैक्रे व कोस्टा द्वारा प्रतिपादित 'पंचकारक सिद्धान्त' पर टिप्पणी लिखिए।
Comment on the 'Five Factor Model' propounded by McCrae and Costa.

McCrae & Costa define 'Five factor Personality' by studying various personality, divide them in whole 5.

	High score	Low score
Openness to experience	friendly, insightful, artistic, assertive, active, enthusiastic, creative	Rigid, nervous, anxious
Conscientiousness	Discipline, self motivated, workaholic, Responsible	Low confidence
Extraversion	Talkative, social, creative, fun loving etc. friendly	Impulsive, shy
Agreeableness	Cooperative, helpful, caring, calm, efficient etc.	Rude, rejection
Neuroticism	Mentally unstable, rude, arrogant, uncreative, social anxiety	Emotion control

Modiness, fearful
SAMYAK IAS | RAS - JAIPUR - 9875170111

Rajasthan Tenancy Act passed in 12th Oct 1955 providing
Primary Rights of Tenant :-

- ① To construct the house for living.
- ② To use any material in the property.
- ③ To use any Nalbat / Well under property.
- ④ To ask for lease patta from authority.
- ⑤ To seek improvement compensation from government for anything (fencing, boundary) so that the monetary value of house increase.
- ⑥ To demand any document or information.
- ⑦ To seek redressal from any misseasy over Rights.

(Write above this line only)

19. सामाजिक बुद्धि को परिभाषित करते हुए इसकी उपयोगिता/महत्व पर प्रकाश डालिए।
Define social intelligence and throw light on its usefulness/importance.

Social Intelligence referred as the ability where a person understands the complex social relationship and behaviour and respond to them & overcome the social challenges.

⇒ It include → ① Respect to elders ② Protection to child.
③ To uplift social value ④ Communication.

Importance → ① It help a person to become socially active
② A person will be able to find solution of social issue.

③ Rather than ending relationship, learn to solve it.
④ Positive approach to different section of society.

⑤ A person learn to respect individual & social value.

S.P.A.C.E Technique
S = Social awareness
P = Presence
A = Agreeableness
C = Clarity
E = Empathy

must be followed

(Write above this line only)

20. चतुर्योगों के नाम उल्लेखित करते हुए इनका महत्व स्पष्ट कीजिए।
Mention the names of Chaturyoga and explain their importance.

- Chaturyoga Names :
- ① Vijayama (1) Karm Yoga ??
 - ② Dharm (2) Bhakti Yoga ??
 - ③ Jnana (3) Jnana Yoga ??
 - ④ Raj (4) Raj Yoga ??

Importance :

- ① It helps to reduce stress of Mind.
- ② It address the problem like anxiety & Nervousness
- ③ It helps to balance body.
- ④ It improve our physical health, flexibility, metabolism
- ⑤ It prevent disease (Heart disease, diabetes)
- ⑥ Purify mind & body.

(Write above this line only)

21. स्वामित्व के संदर्भ में पश्चिमी व भारतीय अवधारणा में अन्तर उल्लेखित कीजिए।
Mention the differences between Western and Indian concepts regarding ownership.

Ownership : It is the exclusive right of a person over a property or thing - Salmond

Western Ownership	Indian ownership.
① In greek philosophy ownership is considered as part of system	① In Indian vedic time, it is considered as part of system
② The power & Right is unlimited	② The power & right is unlimited
③ There is proper owning & transfer of ownership.	③ There is also grants are given on status as 'Praman'
women can acquired ownership.	④ Women cannot acquired ownership (except gift).
It can be legal or illegal. (Write above this line only)	⑤ It can be always legal. absolute & limited ownership
tangible & intangible	Statutory rights has important
Absolute rights-inherent	

तनाव के कारण व्यक्ति में उत्पन्न होने वाले संवेगात्मक व शरीरक्रियात्मक प्रभावों पर लेख लिखिए।
 Write article on the emotional and physiological effects arising in a person due to stress.

Stress is a physical, emotional, physiological change occurs in a person due to changing environment around a person, affect his individual behaviour

Emotional effects

- ① A person lose control over his emotion.
- ② become mentally unstable.
- ③ Social anxiety, nervousness, anxious.
- ④ Difficulty in expressing himself & social interest
- ⑤ Poor decision making

Physiological effect

- ① Body become weak
- ② Get Heart disease, diabetes, stomach issues
- ③ Unstable & immunity become weak.
- ④ Easily get stressed & anxious.
- ⑤ Always lazy and demotivated to do work.

secretion of some hormones (↑)

23. विस्मरण को परिभाषित करते हुए विस्मरण की व्याख्या हेतु प्रतिपादित मुख्य सिद्धान्तों के नाम लिखिए।
 While defining forgetting, write the names of the main theories propounded to explain forgetting.

forgetting refers to a process of losing any information or experience due to some reason. It is basically happen, when there is gap between learning and Retrieval

Reason behind forgetting

- ① Decay & Deuse Principle (Not using information)
- ② Theory of Inhibition (conflicting in same type of information)
- ③ Principle of Encoding failure (when fail to encode)
- ④ Consolidation failure (when one forget retrieve)
- ⑤ Motivational forgetting (Intentionally forgetting something)

How to enhance forgetting

- ① Mnemonics using Images
- ② Mnemonics using keyword/first word.
- ③ Deep Processing (Write above this line only)
- ④ Avoid Inhibition
- ⑤ Maximum Retrieval
- ⑥ PQRS Technique

24. अधिकार व कर्तव्य में मूलभूत अन्तर लिखिए।
3 Write the basic differences between rights and duties.

Rights and duties are correlated with each other in such a way that where there is no right, there is no duty.

<u>Rights</u>	<u>Duties</u>
① They are the interest protected by law.	① They are some obligation over person under law.
② It can be Moral, legal & constitutional Rights.	② It can also be moral, legal & constitutional Duties.
③ Rights are exclusive given to person to live healthy life.	③ Duties are responsibility of person to make others live their own life.
④ If not followed, legal action could be taken.	④ If not followed, punishment & compensation can be done.
⑤ Protect a citizen.	⑤ Make use a person responsible citizen.

(Write above this line only)

!! आ नो भद्राः क्रतवो यन्तु विश्वतः !!

(i) जो साँघे व खाता हो -

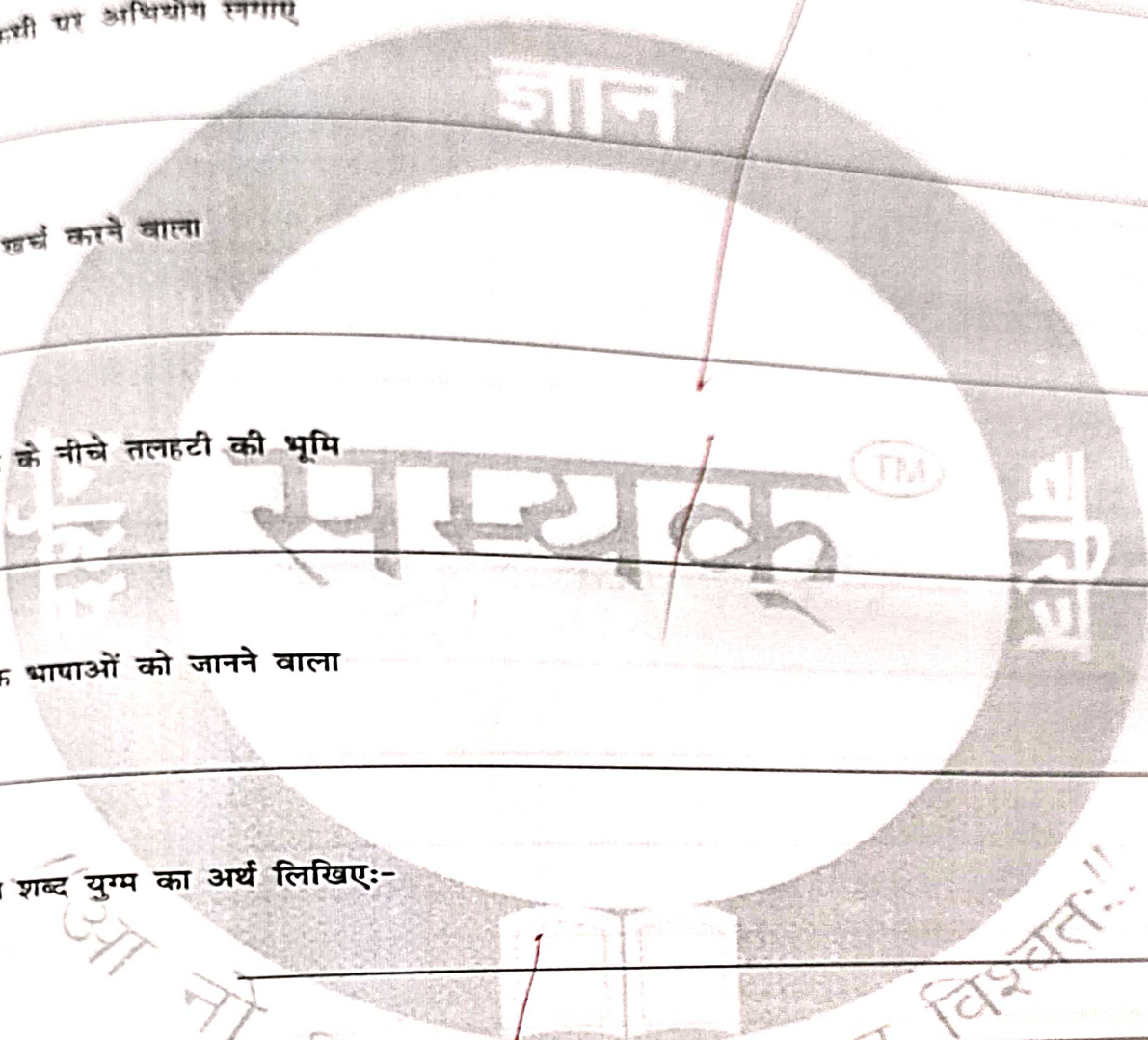
अंक - 1

(ii) जो किभी पर अधियोग सगाए

(iii) कय खर्च करने वाला

(iv) पर्वत के नीचे तलहटी की भूमि

(v) अनेक भाषाओं को जानने वाला



2. निम्नलिखित शब्द युग्म का अर्थ लिखिए:-

(vi) क्रत -

क्रतु -

(vii) तरुण -

तरुणी -

(viii) अमित -

अमीत -

शब्दाः क्रतवो यन्तु विश्वतः

अंक - 5

(ix) अनिष्ट -

अनिष्ट -

(x) षष्ठी -

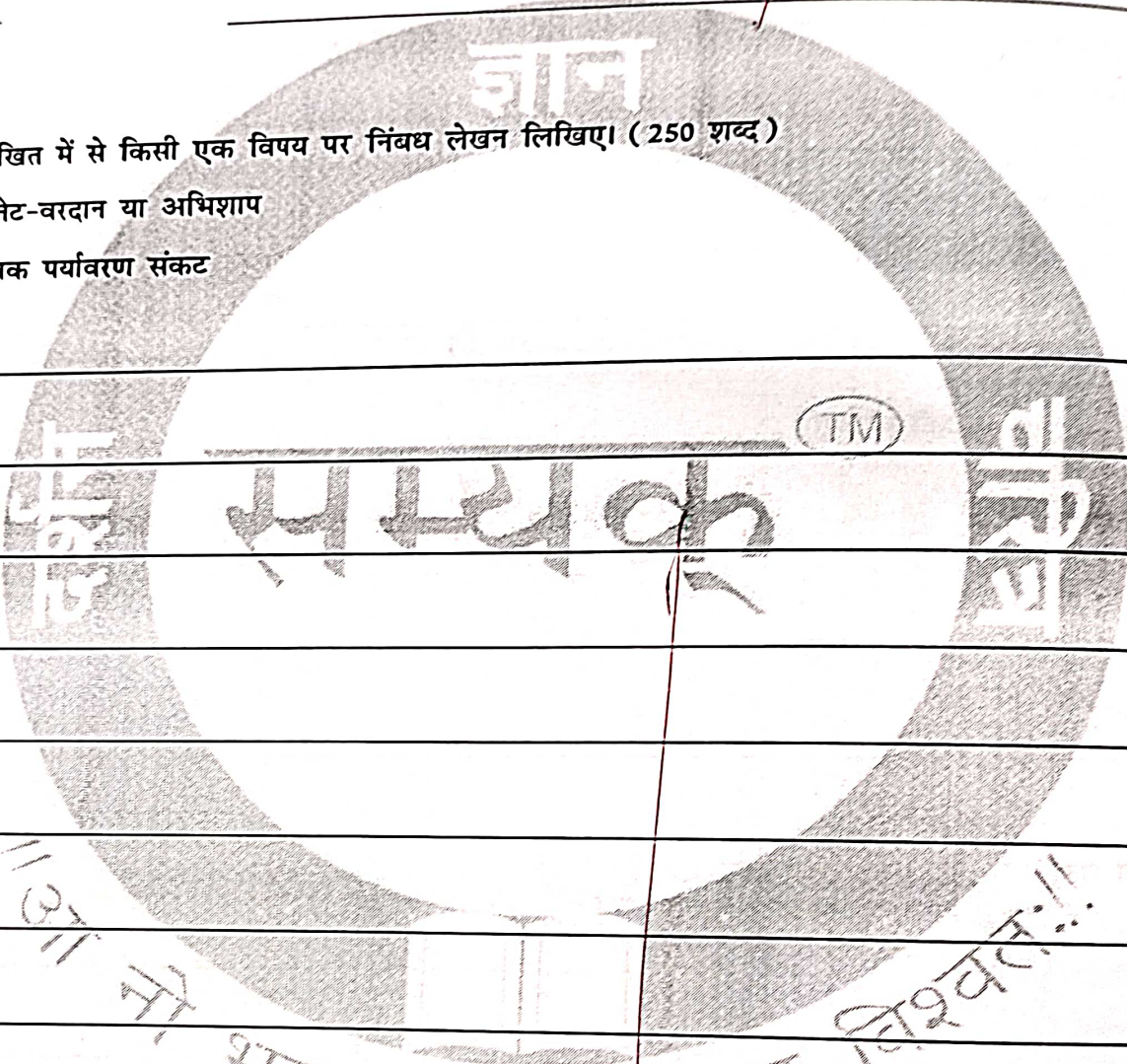
षष्ठी -

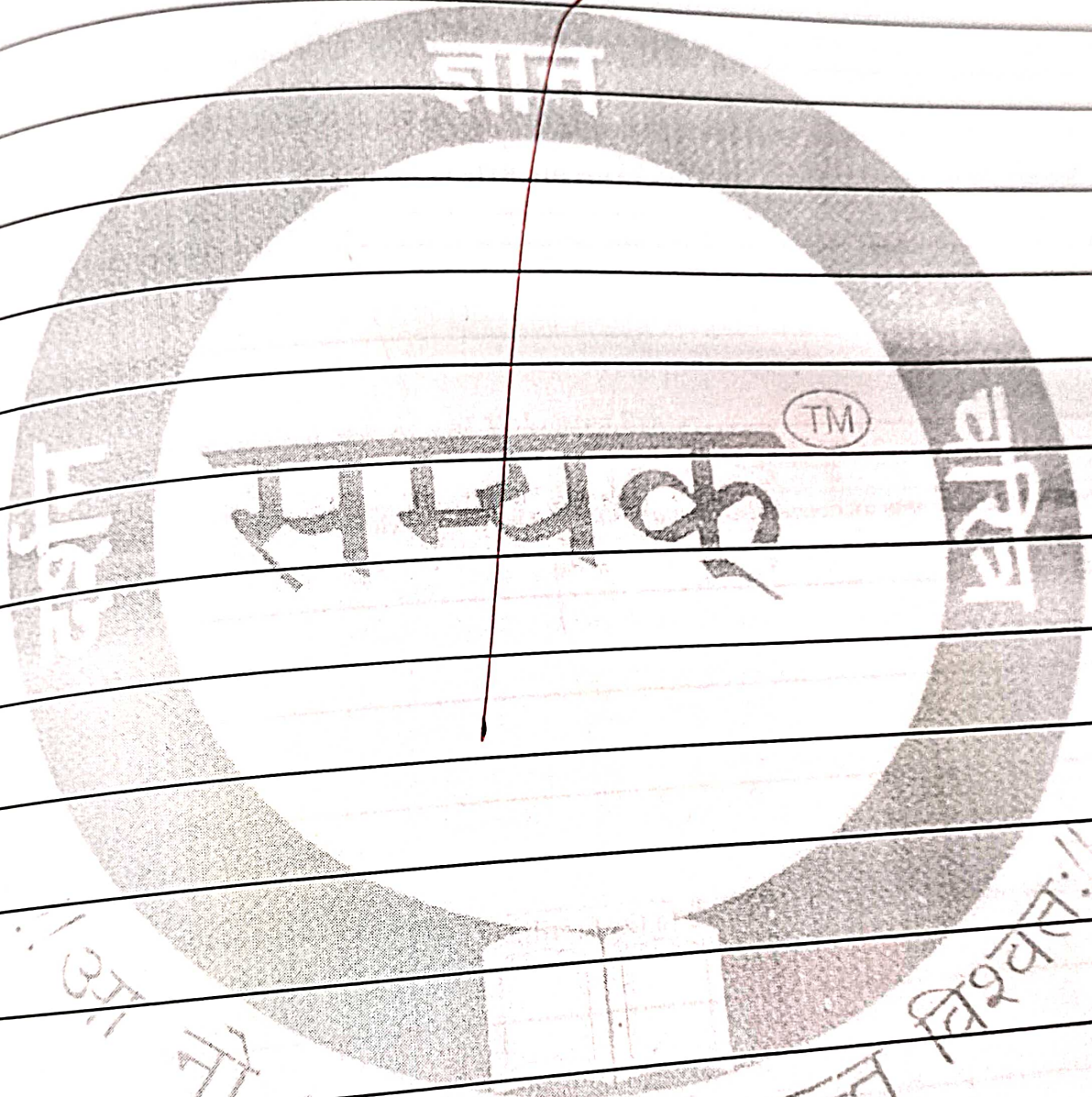
3. निम्नलिखित में से किसी एक विषय पर निबंध लेखन लिखिए। (250 शब्द)

1. इंटरनेट-वरदान या अभिशाप

2. वैश्विक पर्यावरण संकट

अंक- 10





विद्या नो भद्राः क्रतवो यन्तु विश्वतः!!

(A) Selecting the correct phrase/word, rewrite the following sentences. (Q. No. 1-10)

1. I have excess/access to the M.L.A. of our area.

2. Chandra Prakash is not the only heir/ere to the property of his father.

3. The Prime Minister was an accompish/accomplice in the corruption.

4. The Government provided financial aid/aide to the families of the martyrs.

His urban/urbane manners made him popular.

Samyak
साम्यक

8. Vasco de Gama was a great sailor/sailor.

9. He has rented a suit/suite of rooms in a hotel.

शान

10. Describe the main events of the reign/rein of Maharana Pratap.

साम्यकTM

शान

9. He works in a query/quarry.

आ जो भक्त. कृतवो. यन्तु विश्वत!!

10. Sheetal has a strong personality/personalty.

(B) Translate the following sentences into English. (Q.No. 11-20)

11. बसन्त में पक्षियों को खिलाने से कौन रोक सकता है?

12. दायवीर राजा ने अपना सारा धन सामुज्यों में बाँट दिया।

13. वह अपने भाग्य को कोरा रहा है।

14. यह दुखद घटना तब घटी जब कोरोना का प्रभाव चहुँ ओर था।

15. साहित्य हमारे मन की निरंतर चिकित्सा करता रहता है, निरंतर कर्षित-परिष्कृत करता रहता है और उसमें निरंतर प्रगति उगाता रहता है।

16. हिंसा बुरी चीज है पर दासता उससे भी बुरी है।

17. भाषा व्याकरण और भाषा विज्ञान से कहीं अधिक महान है।

18. मेड़ों को छोड़कर यह द्वीप निर्जन था।

19. मैंने उससे पूछा कि क्या वह एक कप चाय लेगी।

धन को आप और सभी के बीच बाँट लें।